Community Campus

Gym Schedule

November 2025

| | | <u> </u> | y 110 501 | | | |
|---|--|--|--|--|--|--|
| SUNDAY | Monday | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| 7– 9:30 am Gym A Paddleball | Gym A Badminton 6-7 Pickleball 7-8:30 | Gym A Badminton 6-7:45 Pickleball 7:45-8:30am | Gym A Badminton 6-7:45 Pickleball 7:45-8:30am | Gym A Badminton 6-7:15 Pickleball 7:15-8:30 | Gym A Badminton 6-7 Pickleball 7-8:30 | 7-8:50 am Gym A & B Badminton |
| | Gym B-Badminton 6-8:30 | Gym B-Badminton 6-8:30 | Gym B-Badminton 6-8:30 | Gym B-Badminton 6-8:30 | Gym B Badminton 6-8:30 | Dadiiiiicoii |
| 9:45 am- 10:45 am Gym A SOCCER CLINIC 10:55 am-1:30 pm Pickleball | Gym B *CLOSED for Preschool 9 am-12pm Gym A Tai Chi 9:15-10:15 BodyFit 10:15-11 | Gym B *CLOSED for Preschool 9 am-12pm Gym A Zumba Gold 9-10 | Gym A & B *CLOSED for Preschool 9 am-12pm Line Dancing 9-10 | Gym A Retro Robics 8:30-9:30 Gym B *CLOSED for Preschool 9 am-12pm | Gym A & B *CLOSED for Preschool 9 am-12pm 11-12 STRETCHING CLASS | 9 am-11 am Gym A Paddleball |
| Gym A Basketball 1:35-2:40 Ages 10-14 2:40-3:45 Ages 15+ | 12-12:30 pm Gym A Basketball | 11:30am-12:30 pm Gym A Chair Pilates | 12-12:45 pm Gym A Chair Yoga | 12-3 pm Gym A SENIOR EVENTS | 12-12:30 pm Gym A Basketball | 11 am-1 pm Gym A Pickleball |
| 7 am-9:30 am Gym B Adult Badminton | Gym A & B 12:45-3 CLOSED FOR Preschool | Gym A & B 12:30-3 CLOSED FOR Preschool/Seniors | Gym A & B 12:45-3 CLOSED FOR Preschool | Gym A & B 12:30-3 CLOSED FOR Preschool/Seniors | Gym A & B 12:45-3 CLOSED FOR Preschool | 9 am-1 pm Gym B CLOSED for YMCA Classes |
| 10 am-1:05 pm Gym B Basketball Clinic | 3-5 pm Gym A Basketball Ages 15/up | 3-3:45 pm Gym A Basketball Ages 12-17 | 3-4:45 pm Gym A Basketball Ages 15/up | 3-4 pm Gym A Basketball 15/up | 3:30-4:50 pm Gym B Basketball Ages 10-14 | 1-3:45 pm Gym B Badminton |
| 1:05-2:30 pm Gym B Adult Badminton | 3:15-5 pm Gym B Badminton | Gym B 3:15-5:45 pm Family Badminton 5:45-8:45 pm Adult Badminton | 3:15-7 pm Gym B Badminton **Family | 3:15-6 pm Gym B Family Badminton | 3:15-7:30 pm Gym A Badminton | 1-2:45 pm Gym A Basketball 2:45-3:45 Family Time** |
| 2:30-3:45 pm Gym B **Family Bball/ Family Badminton | 5-6:55 pm Gym A Pickleball | 3:45-5:45 pm Gym A Paddleball | 4:45-6:15 pm Gym A Basketball AGES 10-14 | 6-6:30 pm Gym B Family Basketball 4-6pm Gym A PADDLEBALL | 4:50-8 pm Gym B CLOSED for YMCA B-Ball Clinic | GYM CLOSES @ 3:45 pm (LOCKER ROOMS close at 3:45) |
| GYM CLOSES @ 3:45 pm (LOCKER ROOMS close at 3:45) | Gym A Basketball 7-8 pm 10-14 8-8:45pm 15+ | 5:45-8:45 Gym A HANDBALL | 6:15-8:45 pm Gym A Basketball 15+ | 6-8:45 pm Gym A HANDBALL | 7:30-8:45 pm Gym A Basketball Ages 10-14 | |
| | 5-8:45 pm Gym B Badminton | | 7-8:45 pm Gym B Badminton Adults | 6:30-8:45 pm Gym B Adult Badminton | 8-8:45 pm Gym B Basketball Ages 15/up | |