## **Community Campus**

Gym Schedule

**MAR 2025** 

|   |  | <u> </u>  |   |  |  |  |
|---|--|---|---|--|--|--|
| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | Friday   | SATURDAY   |
| 7– 9:30 am<br>Gym A<br>Paddleball   | Gym A<br>Badminton 6-7<br>Pickleball 7-8:30  | Gym A<br>Badminton 6-7:55<br>Pickleball 8-9 am                            | Gym A<br>Badminton 6-7:55<br>Pickleball 8-9 am                          | Gym A<br>Badminton 6-7:15<br>Pickleball 7:15-8:15                              | Gym A<br>Badminton 6-7<br>Pickleball 7-8:30                                  | 7-8:50 am<br>Gym A & B<br>Badminton                            |
|   | Gym B-Badminton<br>6-8:50  | Gym B-Badminton<br>6-8:50   | Gym B-Badminton<br>6-8:50   | Gym B-Badminton<br>6-8:50  | Gym B<br>Badminton 6-8:50  |  |
| 9:45 am- 11:15 am<br>Gym A<br>SOCCER CLINIC<br>11:20 am-1:30 pm<br>Pickleball | Gym B *CLOSED for<br>Preschool<br>9 am-12pm<br>Gym A<br>Tai Chi 9:15-10:15<br>BodyFit 10:15-11 | Gym B *CLOSED for<br>Preschool<br>9 am-12pm<br>Gym A<br>Zumba Gold 9-10   | Gym A & B *CLOSED<br>for Preschool<br>9 am-12pm<br>Line Dancing 9-10 am | Gym A<br>Retro Robics 8:30-9:30<br>Gym B *CLOSED for<br>Preschool<br>9 am-12pm | Gym A & B *CLOSED<br>for Preschool<br>9 am-12pm<br>11-12 STRETCHING<br>CLASS | 9 am-11 am<br>Gym A<br>Paddleball                              |
| Gym A<br>Basketball<br>1:35-2:40 Ages 10-14<br>2:40-3:45 Ages 15+             | 12-12:30 pm<br>Gym A<br>Basketball   | 11:30am-12:30 pm<br>Gym A<br>Chair Pilates                                | 12-12:45 pm<br>Gym A<br>Chair Yoga                                      | 12-3 pm<br>Gym A<br>SENIOR EVENTS  | 12-12:30 pm<br>Gym A<br>Basketball   | 11 am-1 pm<br>Gym A<br>Pickleball                              |
| 7 am-9:30 am<br>Gym B<br>Adult<br>Badminton                                   | Gym A & B<br>12:45-3<br>CLOSED FOR<br>Preschool  | Gym A & B<br>12:30-3<br>CLOSED FOR<br>Preschool/Seniors                   | Gym A & B<br>12:45-3<br>CLOSED FOR<br>Preschool                         | Gym A & B<br>12:30-3<br>CLOSED FOR<br>Preschool/Seniors                        | Gym A & B<br>12:45-3<br>CLOSED FOR<br>Preschool                              | 9 am-1 pm<br>Gym B<br>CLOSED for<br>YMCA Classes               |
| 9:45am-1:05 pm<br>Gym B<br>Basketball Clinic                                  | 3-5 pm<br>Gym A<br>Basketball<br>Ages 15/up  | 3-3:45 pm<br>Gym A<br>Basketball<br>Ages 12-17                            | 3-4:45 pm<br>Gym A<br>Basketball<br>Ages 15/up                          | 3-4 pm<br>Gym A<br>Basketball<br>15/up   | 3:30-4:50 pm<br>Gym B<br>Basketball<br>Ages 10-14                            | 1-3:45 pm<br>Gym B<br>Badminton                                |
| 1:05-2:30 pm<br>Gym B<br>Adult Badminton                                      | 3:15-5 pm<br>Gym B<br>Badminton  | Gym B<br>3:15-5:45 pm<br>Family Badminton<br>5-7:30 pm<br>Adult Badminton | 3:15-7 pm<br>Gym B<br>Badminton<br>**Family                             | 3:15-6 pm<br>Gym B<br>Family<br>Badminton                                      | 3:15-7:30 pm<br>Gym A<br>Badminton   | 1-2:45 pm<br>Gym A<br>Basketball<br>2:45-3:45<br>Family Time** |
| 2:30-3:45 pm<br>Gym B<br>**Family Bball/<br>Family Badminton                  | 5-6:55 pm<br>Gym A<br>Pickleball   | 3:45-5:45 pm<br>Gym A<br>Paddleball                                       | 4:45-5:45 pm<br>Gym A<br>Basketball<br>AGES 10-14                       | 6-6:30 pm Gym B<br>Family Basketball<br>4-6 pm<br>Gym A<br>PADDLEBALL          | 4:50-8 pm<br>Gym B<br>CLOSED for YMCA<br>B-Ball League                       | GYM CLOSES<br>@ 3:45 pm<br>(LOCKER ROOMS<br>close at 3:45)     |
| GYM CLOSES<br>@ 3:45 pm<br>(LOCKER ROOMS<br>close at 3:45)                    | Gym A<br>Basketball<br>7-8 pm 10-14<br>8-8:45pm 15+  | 5:50-8:45<br>Gym A<br>HANDBALL  | **5:50-8:45 pm<br>Gym A<br>HANDBALL                                     | 6-8:45 pm<br>Gym A<br>HANDBALL   | 7:30-8:45 pm<br>Gym A<br>Basketball<br>Ages 10-14                            |  |
|   | 5-8:45 pm<br>Gym B<br>Badminton  | 7:30-8:45 pm<br>Gym B<br>Basketball                                       | 7-8:45 pm<br>Gym B<br>Badminton<br>Adults                               | 6:30-8:45 pm<br>Gym B<br>Adult Badminton                                       | 8-8:45 pm<br>Gym B<br>Basketball<br>Ages 15/up                               |  |