# Metuchen Branch YMCA
# Pool Schedule March 2-April 19

Adult Lap Swim 15yrs+
Family Swim is family members only,
Open Swim all members welcome

Questions?
Dawn Willemsen, Aquatics Director
dawn.willemsen@ymcaofmewsa.org

Revised: 2/10/2026

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|---|---|
| Adult Lap Hoppel | 6AM - 10AM(4) | 7AM - 10AM (4) | 6AM - 10AM (4) | 7AM-10AM (4) | 6AM - 10AM (4) | 7AM - 10 AM (3) | 7AM - 11AM (3) |
| Open Swim Hoppel | 10 AM - 1 PM(4)<br>3:30PM - 6 PM(2) | 10 AM-1 PM(4)<br>3:30PM - 6PM(2) | 10 AM-1 PM (3)<br>3:30PM-6PM (2) | 10 AM-1 PM (4)<br>3:30PM-6PM (2) | 10 AM - 1 PM (4)<br>3:30PM - 6PM(2) | 10AM - 3PM (2) | 1:00PM-3:45PM (2)<br>Lessons9am-1pm |
| Adult Swim Finne | 10:30AM - 12:30PM | 10AM - 1PM (4)<br>7:30PM - 8:30PM (2) | 11AM - 1PM (2)<br>7:30PM-8:30PM | 12 PM-1 PM (4)<br>7:30PM-8:30PM (2) | 10:30AM - 12:30PM | | |
| Family Swim Finne | | | | | 4PM - 8PM (4) | 9AM-3:45PM * (2)<br>*pool closed 1:30-2:30 when pool party is booked | |
| Open Swim Finne | 4PM - 8:30PM (2) | | 4PM-7PM | | | | 1PM - 3:45PM (4) |
| GroupExercise &Lessons Finne | 9:30am - 10:30am<br>AQUA FIT<br>Swim Lessons 6-8p | 9:30-10 AM<br>Class/Preschool | 9-9:45 am<br>AQUA FIT<br>9:45-10:45Preschool<br>Swim Lessons<br>4:30-7:45p | 9AM-11AM<br>class/preschool<br>11:15AM-12PM<br>PI-YO | 9:30AM - 10:30AM<br>AQUA ZUMBA | | Swim Lessons (Finne)<br>9am-1pm |

- Lanes can be used for Private Lessons at any time.
- All lane numbers listed, are the lanes being used at the time.
- ANY child 11 years and under must have Adult Supervision at all times.
- ANY child 6 years and under must have a Parent/Guardian in the water at all times.
- ANY child 15 years or younger is required to take a swim test.

Please note this schedule is subject to change. We will send out text alerts for any changes in the pool schedule. To register for text alerts please see the front desk or scan the QR code!

(#) number of lanes available