



# Metuchen Branch YMCA

## Pool Schedule April 20-May 3

Adult Lap Swim 15yrs+  
 Family Swim is family members only,  
 Open Swim all members welcome

Questions?  
 Dawn Willemsen, Aquatics Director  
 dawn.willemsen@ymcaofmews.org

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Adult Lap Hoppel</b>	6AM - 10AM(4) 3:30PM - 6 PM(2)	7AM - 10AM (4)	6AM - 10AM (4) 3:30PM-6PM (2)	7AM-10AM (4)	6AM - 10AM (4) 3:30PM - 6PM(2)	7AM - 10 AM (3)	7AM - 11AM (3)
<b>Open Swim Hoppel</b>	10 AM - 1 PM(4)	10 AM-1 PM(4) 3:30PM - 6PM(2)	10 AM-1 PM (3)	10 AM-1 PM (4) 3:30PM-6PM (2)	10 AM - 1 PM (4)	10AM - 3:45PM (2)	1:00PM-3:45PM (2) *swim team 11-2
<b>Adult Swim Finne</b>	10:30AM - 1PM	10AM - 1PM (4)	11AM - 1PM (2) 7:30PM-8:30PM	12 PM-1 PM (4) 7:30PM-8:30PM (2)	10:30AM - 1PM		
<b>Family Swim Finne</b>					4PM - 8PM (4)	9AM-3:45PM * (2) *pool closed 1:30-2:30 when pool parties are booked	
<b>Open Swim Finne</b>	4PM - 8:30PM (2)	4-7:30 PM special for 4/21 & 4/28	4PM-7PM	4-7:30 PM special for 4/23 & 4/30			9AM- 3:45PM (2)
<b>GroupExercise &amp; Lessons Finne</b>	9:30am - 10:30am <b>AQUA FIT</b>	9:30-10 AM Class/Preschool 7:30-8:30PM <b>AQUA ZUMBA</b>	9-9:45 am <b>AQUA FIT</b> 9:45-10:45Preschool	AM-11AM class/preschool 11:15AM-12PM <b>PI-YO</b>	9:30AM - 10:30AM <b>AQUA ZUMBA</b>		

Revised: 4/14/2026

- Lanes can be used for Private Lessons at any time.
- All lane numbers listed, are the lanes being used at the time.
- ANY child 11 years and under must have Adult Supervision at all times.
- ANY child 6 years and under must have a Parent/Guardian in the water at all times.
- ANY child 15 years or younger is required to take a swim test.



Please note this schedule is subject to change. We will send out text alerts for any changes in the pool schedule. To register for text alerts please see the front desk or scan the QR code!

(#) number of lanes available