

BOARD of DIRECTORS NEWSLETTER



YMCA of Metuchen, Edison, Woodbridge & South Amboy
Office of Rose Cushing, President & CEO

May 2019

2019 RICHARD HALE GOLF CLASSIC

The Richard Hale Memorial Golf Classic was held on Tuesday, June 4th at the beautiful Metuchen Golf and Country Club. Proceeds from the golf classic go to the YMCA Send a Kid to Camp scholarship fund, in memory of Richard "Dick" Hale's legacy and tireless efforts as a YMCA champion. The 84 golfers started off the day enjoying a light BBQ lunch, then headed out to the green. Afterwards, they enjoyed cocktails and dinner, along with a tricky tray, spirit pull, 50/50 raffle and silent auction.



Hackensack Meridian Health, along with Halecon, once again sponsored the event. Please visit our website at <https://www.ymcaofmewsa.org/golf-classic> to see the full list of sponsors that made this event possible.

Contests along the course included Closest to the Pin, Closest to the Line and Longest Drive and a Pot 'O Gold and Putting Contest.

This year, a new Spirit Pull was added to the fun. Y supporters donated bottles of wine or spirits with a value of at least \$20 up to \$74. Tickets were sold at \$20 apiece and each ticket holder went home with a prize. The Pull was extremely successful and we are looking forward to expanding this raffle next year.

The golf outing raised more than \$18,000 which will support 75 weeks of camp! To date, the Y has awarded \$108,000 in financial assistance to 95 families for 2019 summer camp. As a 501(c)(3) non-profit charitable organization, the Y relies on gifts from our dedicated donors to support the communities we serve.

Thank you to all of our golfers and Y supporters who made this event possible!

See pictures from the days events on page 2 and check out the drone video on You Tube by clicking on the picture to the right.

-Contributed by Denise Zimmer



Professional photos and drone video by [2B Entertainment](#)

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STAY CONNECTED!

Association Office



Metuchen



Edison



South Amboy



MOMENTS FROM THE 2019 RICHARD HALE GOLF CLASSIC



All professional photos by [2B Entertainment](#)

CITIZENSHIP CLASS GRADUATES AT METUCHEN!

The Metuchen YMCA's Citizenship Preparation Class is off to a great start with their first graduating class ready to tackle the citizenship exam!

Seven participants from the community worked hard during the 8-week preparation class, which focused on civics, U.S. history, vocabulary and English skills needed to pass the U.S. citizenship test and interview. All of the students were in different stages of the citizenship process. Two of the students already have their test day quickly approaching and, after completing the class, feel more confident in achieving citizenship. The rest of the students are waiting to receive their test date or to be fingerprinted, but all of them have already completed their application. The Metuchen YMCA ESL team is so proud of these students for their hard work and determination—their commitment to become a part of our community is truly amazing!



Congratulations to Siji L., Hala E., Christine L., Menghaur L., Hao L., Roxanne L., and Tzu Chien P. For completing this course. We know you are going to do great on the test!

-Contributed by Bradford Lindsey

MY Y STORY-MEET ZEV



Zev Rosenberg is a personal trainer at the Edison YMCA branch and how he came to be there is truly an amazing story.

Zev was always an avid athlete and marathon runner. After a very severe work accident in 2013, Zev suffered a spinal cord injury that temporarily paralyzed him and made him an incomplete quadriplegic. After three terrifying days of not knowing if he was ever going to walk again, he was finally able to stand on the fourth day. He then said, "If I can stand, I can walk. And if I can walk, I can run. Eventually."



After major surgery and physical rehabilitation, he began to regain his ability

to walk. He still had some complications from his injury but he was determined to start running again. Just a year after his injury, he ran his first marathon and recently signed up for the Pittsburgh Marathon on May 5th. While Zev was running this marathon to prove to himself that he could complete the 26.2 mile course, he was also doing it to honor the eleven victims in the mass shooting that occurred at the Tree of Life Synagogue in October 2018. He notes, "The way I look at it, there's 'run, respect and remember'."

Because of Zev's injury, he has issues with balance and all of his limbs are affected. He points out that running is like have weights strapped to his hands and feet, and he often falls. But this does not stop him. His personal best prior to this marathon was 4 hours, 47 minutes. His goal for this marathon was not just to finish, but to finish in under five hours. We are happy to report that Zev finished the marathon in 4 hours, 49 minutes!



Zev became a personal trainer at the Edison YMCA in 2017. "The YMCA has been an indispensable part of my marathon training", said Zev. "Just from a technical perspective, the Y has any type of cardio machine I might want and a variety of strength training equipment that gives exercise options only limited by one's imagination. From time to time I also take advantage of swimming and any variety of group exercise classes to augment my cross training." Zev notes that the best part, however, is training with people with all types of exercise goals, all shapes and sizes, and from all over the world. "It's very inspiring and motivating," he notes. "I have tremendous amount of appreciation for the opportunities I receive at the YMCA." Thank you, Zev, and we couldn't be prouder of your tenacity and achievements!

EDISON PARTICIPATES IN HEALTH & WELLNESS EXPO

On Friday, May 17th, the Edison YMCA participated in a 2nd annual Workplace Health and Wellness Expo at the Pines Manor in Edison.

This event was organized by the Edison Chamber of Commerce and was designed to encourage healthy lifestyles, workplace wellness, prevent and manage disease, and connect the community to valuable resources. The event was free and included special guest speakers, health screenings including blood pressure, pulse, cholesterol and glucose, a BMI check and a cardiac and stroke risk assessment, as well as an individual consultation with a nurse. A healthy lunch was also served.

Pictured right: Angela Ruhnke, Health and Wellness staff, Deborah Wider, Wellness Director and Hannah Thomas, Senior Director of Healthy Living, were able to speak to people one-on-one regarding their health issues and promoting the YMCA's many health and fitness programs.



-Contributed by Cindy O'Neill

2019 RYAN PATTERSON MEMORIAL AWARD

Congratulations to Grace Schleck, winner of the 7th Annual Ryan Patterson Scholarship Award for 2019! This award goes to a student from a local high school who is also a youth member of a YMCA branch and is pursuing a higher education. The \$2,000 grant is dedicated in the memory of Ryan Patterson, who believed that every child should be provided with the opportunity to sparkle.

Grace graduated from Mount St. Mary in June as a member of the Cum Laude Society, National English Honor Society, Spanish Honor Society and National Honor Society. She is a varsity swimmer and field hockey player, and swam on the MEY swim team when she was younger. Grace uses her spare time to volunteer as a First Responder for the Metuchen Volunteer First Aid Squad. She also spearheads projects that bring change within the community, and is President of her Peer Facilitators Team. She is working to become fluent in sign language and is passionate about teaching others ASL (American Sign Language). In the summers, she works with the East Brunswick Parks and Rec Department Daisy Program, where she works with adults 25 years and older with special needs. She would like to work in the field of public health, specifically on policy that creates equity in society for those who are differently abled.

Grace will be attending Barnard College of Columbia University in the fall. She is truly deserving of this prestigious award.



L. to r.: Marie Patterson, Mike Patterson, Rose Cushing, Grace Schleck, Grace's parents.

METUCHEN KARATE TEAM BRINGS HOME GOLD!



The Methuen YMCA Karate Team took part in the Martial Arts Challenge Tournament, hosted by the the United Martial Arts Referees Association in Mount Laurel, on Saturday, June 1st. Instructor Alec Moore said, "We had a great time at the tournament on Saturday and the students competed very well." Of the seven who competed, Metuchen students Eric A., KJ B., Laura C., Arnav C., Anya Z. and Bowen Z. brought home, a total of four gold medals (first place), three silver medals (second place) and four bronze medals (third place). Special congratulations to Anya Z. for claiming the overall Grand Champion trophy for the Girls 13-15 Divisions and claiming gold in Sparring, Forms and Weapons in the Girls Intermediate 13-15 Division. Special congratulations as well to Laura C. for winning gold in Forms in the Girls

Novice 13-15 Division. Congratulations to all competitors!

-Contributed by Bradford Lindsey

SAY PROVIDES FREE SWIM LESSONS TO 2ND GRADERS

The South Amboy YMCA's Safety Around Water Program was recently offered to all second grade students in partnership with the City of South Amboy School District.

Prior to the launch of the program, second grade families in South Amboy shared that 75% of children had never participated in a swim lesson. Through Safety Around Water, children will learn how to respond if they find themselves in unexpected water situations, from learning how to reach the water's surface if they submerge, to safely reaching a pool's edge or exiting any body of water.

Superintendent Jorge E. Diaz met with Karen Robson, Director of Operations, earlier this year to brainstorm ideas for



L. to r.: Judith Murawski, Michael Heck, Principal Dunphy, Reann McMahon, Mike Iannaccone and Elizabeth Moreira.



Staff member Judith Murawski with the children, who volunteered to be trained in the SAW curriculum to assist in the pool.

programming between the two entities. "The YMCA continues to serve as a vital partner that dedicates itself to community outreach and support", said Mr. Diaz. "We welcome any opportunity to offer a program that enriches the lives of our students. Water safety is a life skill, and it is especially important for our students who live near the Raritan Bay."

South Amboy Council President Mickey Gross and his wife, Susan, bought pizza to celebrate the success of the program and YMCA staff joined the children at their school to celebrate together. Ms. Buchanan joined the South Amboy Y June Branch Board meeting to express gratitude of the impact the Y has made on these students academically, spiritually with confidence, and socially with trying a new skill.



Lessons were paid in part by a Y-USA swimming scholarship grant. To help support this initiative and other scholarship needs, the South Amboy Y will be holding a 50/50 raffle, with the winner receiving up to \$10,000. Tickets can be purchased at the South Amboy branch until July 3rd. The winner will be selected at the Stars and Stripes Celebration Fireworks Show at the Waterfront Park on July 3rd right before the first boom!

-Contributed by Elizabeth Moreira and Karen Robson



L. to r.: Anthony Conrad, Susan Gross, Zusette Dato, Janet Kern, Mary Taylor, Ms. Buchanan, Liz Moreira, Judith Murawski, Joseph Deragotis, Karen Robson, Todd Fraler

TEEN LEADER'S CLUB RETREAT

The Teen Leader's Club went on their annual Leadership Retreat at Camp Mason from May 31st to June 2nd. Thirty teens from the Edison and Metuchen Teen Leader's Club attended the 3-day event. The weekend was filled with team-building activities, physical fitness challenges, leadership training and lots of fun!

Campers had fun stepping out of their comfort zone to take on new challenges such as obstacle courses and canoe rowing, went on hikes, and had other team-building exercises. In the evening, they enjoyed campfires and a S'mores-themed night! YMCA staff who organized and were counsellors for the weekend included Metuchen staff member Gabriella St. Fleur, Edison staff members Eric Meshirer, Mike Tivey, Angela Ruhnke and Mayan Lad, and Metuchen Branch Board Member Matthew Melchione. The staff at Camp Mason was also very helpful and friendly to all!

The purpose of the weekend was for the teens to come together in a positive environment to engage in safe and age-appropriate activities that aim to foster new relationships, build self-confidence and teach new skills. The weekend also served to celebrate the year-long efforts of these teens who have made a commitment to the Teen Leader's Club and by doing so, have volunteered at many of the Y events and fundraisers.

The YMCA was able to provide this retreat free of charge through a grant provided by Investor's Bank Foundation.

-Submitted by Gabby St. Fleur



STAFFING NEWS



The South Amboy YMCA's Wellness Department is excited to announce Giovanni Spataro as interim Wellness Coordinator beginning June 1st until Annmarie Sabovick, Healthy Living Director, returns from maternity leave. Giovanni has been an active member of our team, and a former YMCA of MEWSA Rising Star recipient. We're so excited to elevate him and give him the ability and support to grow his career with the Y!

Congratulations to Breanna Hathcock, South Amboy's recently hired Business Coordinator! Breanna has been with the Y for over three years as an asset to their Welcome Center and has formed relationships with their members and the communities that they serve. She will help the YMCA bridge any gaps that will help provide families with the support they need to reach their goals.



Before going on maternity leave, Annmarie Sabovick left a "26" challenge for our members as a nod to her due date of June 26th.



Update: A special congratulations to Annmarie as she and her husband welcome their new baby girl, Lillia Diane, born on June 25th and weighing in at 8 lbs. 5 ozs.!



SAY HOLDS CAMP OPEN HOUSE

South Amboy Y staff has put many hours into the community with events, partnerships, and staff recruitment and development, showing a significant increase in new campers this year. Their team was excited to meet campers at their meet 'n' greet event and are ready for campers to arrive!

-Contributed by Judith Murawski



METUCHEN TRACK & FIELD EVENT

The Metuchen Branch Track Program held its 3rd annual Track and Field event at Metuchen High School on June 15th.

There were over 60 participants who took the field in events such as 100, 200, hurdles, javelin, relays and more.

Parents and runners were so excited to cheer everyone on and see their runners develop over the track season.

-Contributed by Chrissy Tolley and Marcus Farris



Coach Marucus and overall event winner, Adam Sommo, age 10.



EDISON HOSTS INTERNATIONAL YOGA DAY & ZUMBA JAM

In recognition of International Yoga Day (June 21st) the Edison YMCA hosted a Yoga for Peace Event from 9am to 12 pm on Saturday, June 22nd. Led by Senior Yoga Instructors Shuchi Gokhale and Sandra Salit, members were lead through three hours of yoga focusing on Sun-Salutations and Asanas, Deep Relaxation through Restorative Practice, Yoga Nidra, Pranayama and Meditation. Over 50 members attended and were able to choose which session they attended. The event was sponsored by Saravanaa Bhavan who provided light refreshments. Edison YMCA plans to have many more of these events. Namaste!

-Contributed by Deborah Wider



For the first time ever, Edison YMCA hosted a Zumba Jam with Zin members from near and far. The event was held on Sunday, June 23rd from 12pm to 5pm with special guest Carlos Henriquez, an international Zumba instructor who has worked with Shakira, Pitbull and Mark Anthony to name just a few. Carlos kicked off this sold-out event teaching new choreography to other instructors from the area. After the training portion, the event was opened up to the public. Aside from Carlos, members enjoyed the dance styles of other instructors, including Edison's own Sakshi Sharma. Each instructor led the crowd in various flavors of dance with their own

personality and energy. This total workout combined all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and added a serious dose of awesome! Next Zumba Jam is planned for early September 2019.

-Contributed by Deborah Wider



SOUTH AMBOY SUPPORTS FUNDRAISER FOR FORMER EMPLOYEE



The South Amboy Branch team had a blast meeting new people and supporting their community at the 3rd Annual Riley's Touch-A-Truck Event on Sunday, May 19th at South Amboy Middle School. This annual community event in the memory of Hugh Riley Rone, a previous YMCA employee, student athlete, and friend who was taken too soon in a motor vehicle accident three years ago.

The event allows kids of all ages to come see and touch all different types of trucks from fire trucks to trailers, like the one provided by a friend of the Y!

Both families and kids enjoyed a day full of fun and activities for a good cause!

-Submitted by Joseph Cohen



TOGETHERHOOD UPDATE

MIDDLESEX GREENWAY CLEANUP

Pictured right, the YMCA, through the Togetherhood Program, once again participated in the Middlesex Greenway cleanup on June 1st (National Trails Day).



PRE-PROM

Togetherhood helps set up for Pre-Prom party held at Metuchen High School in the gymnasium.



Have an article or item of interest for the newsletter?
Please submit to Veronica Vargas at veronica.vargas@ymcaofnewsa.org.

SUPPORT FOR METUCHEN BUSINESSES

The Y — through **Togetherhood** — is collaborated with both the Metuchen Area Chamber of Commerce (MACC) and the Metuchen Downtown Alliance (MDA) to help both associations in their missions to strengthen local businesses and our community.

- ◆ Week of June 10 — Helped the MACC promote Restaurant Week (July 15-21) by distributing cards to stores and businesses in Metuchen.
- ◆ Saturday, June 15 — Helped the MDA with its “Downtown Loves Dads” event on the day before Father’s Day.
- ◆ Friday, June 21 — Helped the MDA with its “Kids Take Over” event timed with the last day of school in Metuchen.

UPCOMING TOGETHERHOOD EVENTS

BLOOD DRIVES

- ◆ Metuchen Branch YMCA — Sunday, June 30, from 9:00 am to 3:00 pm
- ◆ Edison Branch YMCA — Thursday, July 18, from 3:00 pm to 8:00 pm

FOOD DRIVES

From July 1 through August 31 the Metuchen and Edison YMCA branches will again combine efforts and hold “Hunger Doesn’t Take A Vacation”, our Y’s annual summer-long food drive to support the work of the Metuchen Food Pantry at the First Presbyterian Church of Metuchen.

VOLUNTEER OPPORTUNITIES

- ◆ Metuchen Farmers Market—Volunteer Recruiting Table (Date TBD)
- ◆ National Day of Service, Metuchen Freedom Plaza Cleanup—September
- ◆ Rummage Sale, Presbyterian Church—September 24-25

To volunteer for Togetherhood activities, please contact Paul Edgcomb at phedgcomb@gmail.com.



<bits & pieces>



Metuchen staff at the Spring Street Fair to promote membership, camp and programs.



SAY supports their local Boy Scout troop with swim level testing to ensure a safe summer when camping outdoors this summer.



South Amboy YMCA staff Emily Shemchuk and Judith Murawski build a summer camp garden!



Grace Early Learning Center holds a Tea Party Luncheon for all the moms for Mother's Day.



Children celebrate the Y's 175 birthday by making a healthy fruit cake and singing Happy Birthday and the YMCA song.



International Yoga Day a huge success at the Edison Y!



SAY staff participated in Red Nose Day to make an impact on children in poverty around the globe.



A Grace Early Learning Center's graduating Pre-K student receiving her diploma. How adorable!



Danica's Autism Swims class at the Metuchen Y gifted her with this beautiful towel at the end of their session.

METUCHEN Y HOSTS 4TH ANNUAL BALLET RECITAL

The Metuchen YMCA Ballet Academy hosted its 4th annual Ballet recital Saturday, June 8th. There were 140 guests that were dazzled by the 33 ballerinas!

This recital showcases the ballerina's progress through the four levels and how well they know the vocabulary needed to create these graceful dance pieces. Instructors Elizabeth West and Sophie Johnson created a wonderful display of the dancer's talents accompanied by musical pieces that inspired joy and wonder.

At the end of the recital the instructors allowed audience members to ask questions and everyone could only praise this program and share how thankful they were that the YMCA is able to provide such an amazing experience for the children.



Pictured are the Level 4 ballerinas with instructors Sophie Johnson and Elizabeth West. *-Contributed by Bradford Lindsey*

GRANT AND DONOR RECOGNITION

LYONDELL-BASELL \$1,000 Teen Leader's Club at Edison YMCA

Visit <https://www.ymcaofmews.org/about-us/annual-report> to view the Annual Report and see a full listing of our 2018 donors.

SOUTH AMBOY WELCOMES NEW COMMUNITY PARTNER

The South Amboy YMCA attended a Rose' Soiree to welcome Ashley Erdie, Director of Admissions, to the Venetian Care & Rehabilitation Center. They look forward to partnering opportunities for generation-blending with campers!

-Contributed by Karen Robson



SAY WELCOMES STUDENTS FOR TEEN ENGAGEMENT

Local high school and middle school students recently joined the Y for a fun day as a result of participating in year-end testing. The students have been using their guest passes to use the facility and staff have been working hard to engage with them.

-Contributed by Joseph Cohen



UPCOMING BOARD OF DIRECTORS MEETINGS

September 25



October 23



December 11

METUCHEN HOLDS FAMILY EVENTS

The Metuchen Y Child Care held their annual Family Picnic at Roosevelt Park on Friday, May 31st. They reserved two picnic groves where they served dinner to 175 people who all enjoyed participating in fun activities such as drawing with chalk, blowing bubbles, face painting, soccer, playing games of tag and tossing Frisbees and beach balls around. The weather for the day turned out great and families stayed in the park until it was dark out.



The Metuchen Y's Ready, Set, Learn program held their Mother's Day Tea on Thursday, May 9th. Mothers and grandmothers were invited to join the teachers and children for tea and dessert that was served in a room decorated for the special occasion.

-Contributed by Pam Cohen



SAY BUILDS THEIR COMMUNITY

The South Amboy YMCA hosted a networking event for the OBSSA (Old Bridge, Sayreville and South Amboy) Chamber of Commerce on June 25th. A "cocktail party" style greeting was held before touring the facility and learning how businesses can partner with each other and the Y to strengthen our communities. The night ended with a fun team building activity to see who could build the largest tower, representing impact on their community as a result of working together!

-Contributed by Karen Robson





JANICE GARBOLINO MEMORIAL 5K RUN/WALK

Benefitting the YMCA's LIVESTRONG® at the YMCA Program, a physical fitness and activity program designed to help cancer survivors reclaim their total health.

SATURDAY, SEPTEMBER 14, 2019

Lakeview School, Roosevelt Park

Registration—7:30 a.m.

Race begins—8:30 a.m.

Post race awards—9:30 a.m.

Register at <https://runsignup.com/ymcaofmews5k>

For further information, contact Hannah Thomas
hannah.thomas@ymcaofmews5k.org. or 732-548-2044

EDISON VISITED BY SPECIAL GUEST

In honor of National Physical Fitness and Sports Month, the Edison YMCA was treated to a guest visitor, Vikas Krishan, a two-time Olympian and most decorated Indian boxer of all time. Vikas met with YMCA members and families to discuss the benefits of healthy living. Even though Vikas was extremely busy training for an upcoming bout, he was happy to take time out of his busy schedule to meet with the community. CC Minton, President of Stevenson & Moses Boxing for Life, noted that she is a great supporter of the work that the YMCA does and is happy to give back to the community in any way that she can. She noted that they thoroughly enjoyed the tour of the facility and the opportunity to share time with their young participants.



Vikas speaks to the children about healthy living.

-Contributed by Cindy O'Neill



L. to r: Boxing Coach Moses, Mike Tivey, Edison SACC Director, Vikas Krishan, CC Minton, President of Stevenson Moses Boxing for Life and former NFL play Hasaan Arubakrr.



Vikas tries out the boxing bag at the Edison YMCA!

WALKING IN OTHERS SHOES

SOLES 4 SOULS
WEARING OUT POVERTY®

The South Amboy Y made a huge impact by partnering with Soles 4 Souls to support those without shoes. Over 200 pairs of new and gently used shoes were donated, more than double any other community partner for this project!

-Contributed by Anthony Conrad



CONGRATULATIONS TO GRACE EARLY LEARNING CENTER'S PRE-K GRADUATING CLASS OF 2019!



The teachers are so proud of their young scholars as they transition into their new Kindergarten journey!

-Contributed by Atia Hunter

KAREN ROBSON RECEIVES AWARD

Several staff members attended the YMCA Professional Network (YPN) Chapter 17 Annual Recognition Event and EAF Fundraiser on Friday, June 7th at McCloone's Pier House in Long Branch. This event honors the Y's most distinguished colleagues and this year, our very own Karen Robson, Director of Operations at the South Amboy YMCA, received the Leadership award! Congratulations, Karen!

The event also raises funds through raffles and a live auction to benefit the Emergency Assistance Fund (EAF) to provide financial support to Y employees during times of crisis. Attendees also heard a riveting keynote address from Heather Williams of the Greater Philadelphia YMCA on the topic of mindfulness.

All attendees enjoyed a fun and inspiring day, while enjoying the beautiful oceanfront views!



CELEBRATE MIDDLESEX



All three branches and Child Care participated in the 3rd Annual Celebrate Middlesex event, held on June 8th in Roosevelt Park, Edison. This is a free, family-friendly event showcasing programs and services provided by Middlesex County offices and highlighting the people who bring them to life!

Families enjoyed interactive games, soccer shoot out, ring toss, T-ball, planting of seeds, coloring of crowns and of course the Association Office's Rosemary Orlandini's big spinning wheel which drew crowds waiting in line for a spin. The weather was perfect! Thank you to all staff who volunteered their time to help out and spread the word about Membership, programs, Child Care and Camp!



-Contributed by Cindy O'Neill

METUCHEN YMCA CHESS CLUB TOURNAMENT

The Metuchen YMCA Chess Club held another amazing chess tournament on Saturday, June 8th. Ten children ranging in age from 7 to 14 years old were in attendance. These competitors love to challenge their minds and plan out their strategic moves.

Through a series of competitive chess games, these players gained points until there was only two players left. The winner, Saketh R., won with a total of seven points—which is not the easiest to accumulate, said Chess master Fred Iven! Fred also said all of the kids had fun and that's all that we can ask for!

-Contributed by Bradford Lindsey



IMPORTANT DATES

Summer Camp
June 24-August 30

Child Care Day @ Oakcrest
August 8

Camp Family Fun Night (Oakcrest)
July 9

Summer Session
June 17-August 25

Annual Day of Camps
July 16

Janice Garbolino 5K Walk/Run
September 14

UPCOMING MEETINGS

JULY

- 2 **PROPERTY COMMITTEE MEETING**
AO Conference Room—9:00 a.m.
- 10 **SOUTH AMBOY BRANCH BOARD**
South Amboy Branch—6:00 p.m.
- 16 **EDISON/METUCHEN BRANCH BOARD/
DAY OF CAMPS**
Oakcrest Pool—8:30 a.m.

AUGUST

- 20 **FINANCE COMMITTEE**
Wernik Room—6:00 p.m.



MISSED AN ISSUE?

All Board newsletters can be found on the YMCA website at

<http://www.ymcaofmewsa.org/about-us/association-newsletter>.