

# WHERE COMMUNITY THRIVES



**The Y is where we will bounce back stronger than before.**

We are marching forward together by:

- Helping people of all ages restore and sustain health, especially vulnerable populations and those with chronic diseases.
- Offering safe spaces for young and old to connect and make friends.
- Helping young people have the support and resources they need to learn.
- Building confidence and resilience in teens.
- Activating and growing our volunteer network.
- Addressing mental health challenges.

Your support will give hundreds more seniors, youth, families, and adults opportunities to take part, connect, and find a place to belong, regardless of their financial situation.

## WHERE THERE'S A Y, THERE'S A WAY.

Our goal as an organization is to fill community needs. Our promise to the community is to be accessible and affordable for all. No person is turned away, and with the support of the community and friends like you, we continue to live up to this promise every year.



Our **Annual Support Campaign** is a chance to help support the most pressing and impactful initiatives in our community. When we come together as a community, we can make a difference in the lives of those around us. We create a space where all are welcome, regardless of age, ethnicity, religion, sex, race or financial status. Your donation ensures that everyone has access to the life changing programs at the YMCA.

**PLEASE GIVE TODAY.**  
[ymcaofmewsaj.org/giving](http://ymcaofmewsaj.org/giving)



**THANK YOU FOR HELPING  
YOUR COMMUNITY.**

100% of your tax-deductible donation will go right back into your community by providing opportunities to those in need.

The YMCA of MEWSA is a non-profit organization servicing the communities of Metuchen, Edison, Woodbridge, South Amboy and Piscataway. The Y promotes positive values through programs that build spirit, mind and body, welcoming ALL.

**WE ARE GRATEFUL FOR YOUR  
SUPPORT AND KINDNESS.**

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**[ymcaofmewsaj.org](http://ymcaofmewsaj.org)**

YMCA OF MEWSA | MOVING FORWARD TOGETHER



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# [MOVING FORWARD TOGETHER]

ANNUAL SUPPORT CAMPAIGN  
**YMCA OF METUCHEN, EDISON,  
WOODBIDGE & SOUTH AMBOY**







# WHAT DOES YOUR YMCA DO?



## YOUTH DEVELOPMENT

### Providing a nurturing environment for our children's social and emotional learning...

Since the pandemic, the disruption to routines, education, and recreation is leaving many youth feeling afraid, stressed and anxious. Through summer camps, early learning education, out-of-school care, leadership and tutoring programs and more, the Y puts into place protective factors such as caring adults, safe learning environments and positive peer relationships that can help reduce the risk of stress, anxiety and depression. Your generous donations keep these activities available regardless of a family's financial situation.

## HEALTHY LIVING

### Improving our community's health and overall well being...

Nearly half of Americans report the coronavirus crisis is harming their mental health. Exercise, while undoubtedly crucial under normal circumstances, is essential to physical health and mental well-being during the pandemic. The Y is making a concerted effort to help those in all stages of life address those concerns in a supportive, safe environment. Programs like LiveSTRONG@ at the YMCA, a free program for cancer survivors, are provided thanks to your generous donations.

## SOCIAL RESPONSIBILITY

### Giving back and providing support to our neighbors...

The Y responds to society's most pressing needs by developing innovative, community-based solutions to help those in need to reach their full potential. The Y is mobilizing volunteers across Middlesex County to address the needs of our local communities through food and item drives, blood drives, swim safety courses, flu shot clinics and more.



# WAYS TO HELP

### 1 FINANCIAL SUPPORT

Help us turn no one away with a gift to those most in need at [ymcaofmews.org/giving](http://ymcaofmews.org/giving)

### 2 HOURS/TIME

Volunteer with Us! Learn more at [ymcaofmews.org/giving/togetherhood-volunteer-program](http://ymcaofmews.org/giving/togetherhood-volunteer-program)

### 3 MONTHLY GIVING

Make it simple. A monthly gift allows the YMCA to plan ahead to support those in need.

### 4 LEGACY GIVING

A gift to the Y in your estate plans provides for future needs. Any amount makes a large impact.

Will you make a gift to help our community move forward?

# WAYS TO GIVE



1 Give at [ymcaofmews.org/giving](http://ymcaofmews.org/giving)

2 Bring your completed form to your Y

3 Scan here:



4 DOUBLE YOUR GIFT: Your gift could be matched by your employer

# YOU CAN HELP SOMEONE REACH THEIR POTENTIAL

At the Y, we believe everyone deserves the same opportunities. That's why we work tirelessly with you and the community to close gaps and bridge divides.

Your financial support can stay with your local branch or early learning center.

**\$50** you save a life with a 4 week swim lesson for a young child

**\$75** you offer an outlet for a pre-teen dealing with anxiety and stress through our karate classes

**\$150** you offer a child an 8 week youth basketball clinic

**\$250** you give the enjoyment of music, art, story and playtime to a toddler in our Ready, Set Learn program

**\$500** you provide five seniors with a chance to connect and increase mobility through Aqua Arthritis

**\$1K** you ensure access and opportunity to a family in need by providing a one-year YMCA Family Membership



# DONATE FOR A BETER US.

YES! I WANT TO HELP!

NAME \_\_\_\_\_

COMPANY NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

### ENCLOSED IS MY:

ONE TIME GIFT OF \$ \_\_\_\_\_

MONTHLY\* GIFT OF \$ \_\_\_\_\_

QUARTERLY GIFT OF \$ \_\_\_\_\_

\*JOIN THE RECURRING GIFT PROGRAM: To provide dependable monthly support for the families of the YMCA of MEWSA, please make a monthly gift and join us as a Sustaining Donor. You may change your plan or opt out at any time.

### PLEASE DESIGNATE MY GIFT TO:

- METUCHEN YMCA
- SOUTH AMBOY YMCA
- PISCATAWAY YMCA
- OTHER \_\_\_\_\_
- EDISON YMCA
- Y EARLY LEARNING CENTERS
- GREATEST NEED

I AM:  STAFF  BOARD MEMBER  Y MEMBER  COMMUNITY MEMBER  
 PROGRAM PARTICIPANT  EARLY LEARNING FAMILY

MY COMPANY WILL MATCH MY GIFT. \_\_\_\_\_  
COMPANY NAME

### GIFT METHOD

- PAYMENT INFORMATION ON FILE
- MY CHECK IS ENCLOSED (PAYABLE TO "YMCA OF MEWSA")
- BILL ME ON THE FIRST OF \_\_\_\_\_ (MONTH)
- PLEASE CHARGE MY CREDIT CARD
  - VISA  MASTERCARD  AMEX  DISCOVER

CREDIT CARD NUMBER \_\_\_\_\_ EXP. DATE \_\_\_\_\_

NAME ON CARD \_\_\_\_\_ CVV \_\_\_\_\_

SIGNATURE \_\_\_\_\_

YMCA CAMPAIGNER \_\_\_\_\_

Make your gift online at [ymcaofmews.org/giving](http://ymcaofmews.org/giving)

For further information, to give a gift by phone, or make a gift of stock, contact Elizabeth Bennett at 732-516-2087.

Gifts are tax deductible to the full extent provided by the law. YMCA of MEWSA is a 501 (c)(3) not-for-profit organization with Tax ID: 22-1487616