



# WATER EXERCISE SCHEDULE

LIMITED SPACES AVAILABLE

	MON	TUE	WED	THUR	FRI	SAT	SUN
<b>FIT &amp; FUN</b> ~			10-11AM		10-11AM		8-9 AM
<b>AQUA KICKBOXING</b> ~	10-11AM						
<b>H2O POWER</b> \$	11:15AM-12PM				11-11:45AM		
<b>SPLASH DANCE</b> \$	7:15-8PM						
<b>EZ AQUA</b>		2-3PM					
<b>AQUA CHALLENGE</b> \$		8:20-9:05AM				8:30-9:15AM	

**\$: PAID CLASS REGISTRATION REQUIRED**

**~MUST GET BAND FOR SWIM CLASSBANDS ARE GIVEN AT THE FRONT DESK**