



TRY IT ALL SEPTEMBER 17 FIT FEST

7:30-8:00AM CARDIO

8:15-8:45 YOGA

9AM-9:30 TOTAL BODY

9:30-10:00 SPIN

5:30-5:55PM TOTALLY ABS

6:15-7:30PM TOTAL BODY

**BRING A FRIEND
ENTER TO WIN A ONE MONTH FREE MEMBERSHIP
& DOOR PRIZE RAFFLES**

Registration Required*